



practitioner guide to
FOOD SENSITIVITY KITS
a revolutionary approach
to food sensitivity!



A NEW APPROACH

Twelve million Americans suffer from food allergies—abnormal immune responses to foods that typically result in immediate (and often severe) reactions.

Even more common, and also more misunderstood, are food *intolerances* and *sensitivities*. In these reactions, different types of immune responses may result in delayed symptoms that aren't easily associated with the food that triggered them—but that may contribute to more serious health issues.

Traditional treatments of food allergies and sensitivities are time consuming and often complicated. They are uncomfortable for the patient, and require specialized training and skills for health care professionals.

A new protocol developed by Deseret Biologicals provides a broad-spectrum approach to assist in addressing hundreds of food sensitivities over a short period of time, packaged in a simple and easy-to-follow system.



One Series • Fifteen Phases • Ninety Days

DesBio's Food Sensitivity Kits are intended to be taken sequentially as a complete series. The series consists of five kits, each containing three "phases". Each phase consists of a single mix in four single-dose vials (for a total of twelve vials per kit).

The mixes have been carefully composed to address the root issues related to food sensitivities, and contain plants, minerals and chemicals specific to particular types of foods. They also contain phenolics in homeopathic dilutions, giving them a range of coverage that is both specifically direct and broadly comprehensive. (See graphic below for an explanation of the importance of phenolics).

Phenolics Are the Key

Phenolics are chemical compounds that occur naturally in foods, and are a common cause of food sensitivity issues. An issue with a single phenolic may result in sensitivities, intolerances, or allergies to literally hundreds of different foods.

The traditional approach to allergy treatment deals with one food at a time, and can take months, if not years, to address every food that may cause problems for an individual. By addressing not only the foods but also the phenolics—"building blocks"—hundreds of food sensitivities are addressed in a matter of weeks.

Comprehensive Coverage

Each remedy in the DesBio Food Sensitivity Kits addresses a specific type of sensitivity. Egg mix, for example, includes not only eggs and egg products, but

also general protein ingredients and phenolics found in eggs. Since each remedy is related to specific types of foods and includes the specific phenolics, and since the remedies are designed to work synergistically—each kit builds on the others and provides broad-spectrum exposure—allowing the body to be exposed to a large number of foods and phenolics in a specific order.

Health Issues

Food sensitivity is of concern to health professionals because of its potential to contribute to chronic health conditions and degrade a patient's quality of life. It's a fundamental medical issue that can:

- ➔ Cause inflammatory responses & weight gain
 - ➔ Aggravate or cause auto-immune issues
 - ➔ Increase susceptibility to infection
 - ➔ Lead toward malignancies
 - ➔ Push patients further into disease states
 - ➔ Mask or hide underlying causes of disease
- ➔ Reduce or eliminate the efficacy of physical, nutritional, and other types of therapy

... hundreds of food sensitivities are addressed in a matter of weeks.

Diagnosis and Treatment

Traditionally, food sensitivities and allergies have been *diagnosed* in a number of ways, including:

- ➔ Elimination Diets
- ➔ Wheals of SET (Serial Endpoint Titration) Skin Testing
- ➔ Pulse Testing
- ➔ Muscle Testing / AK ART

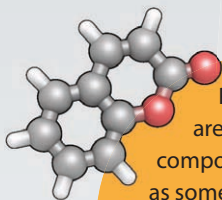
EXAMPLE:

Many people are allergic or intolerant to **WHEAT**, which contains several phenolics, including **GALLIC ACID, COUMARIN, QUERCETIN** and **RUTIN**

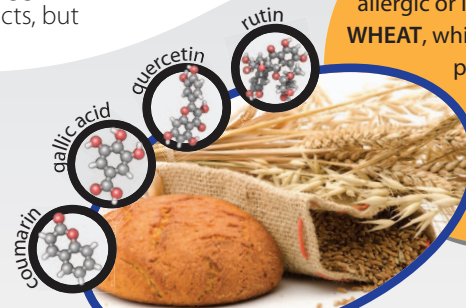
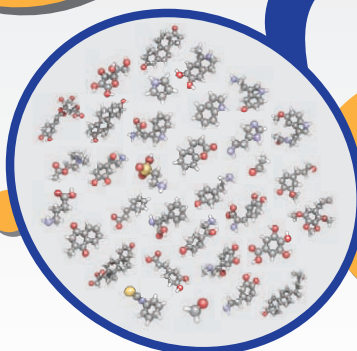
THOUSANDS OF FOODS

There are only a small number of phenolics—just a few dozen—but they are present in various combinations in virtually every food we eat

Sensitivity to a phenolic may result in sensitivity to many of the foods that contain that phenolic



PHENOLICS are organic compounds that serve as some of the most basic building blocks of food—they are responsible for a food's taste and smell



THE PROTOCOL

- ➔ EAV
- ➔ Blood Testing (IgE/IgG/IgA Levels, RAST)

Each of these approaches has its benefits and adherants. Even with the technology and knowledge available it can be difficult or nearly impossible to identify a specific allergen among hundreds (or thousands) of potentially problematic foods, and potentially more importantly, phenolics.

Traditional approaches to *treatment* typically address a specific allergy in a targeted approach that might include techniques such as:

- ➔ Steroids, antihistamines, antidepressants
- ➔ Elimination diets
- ➔ Immunotherapy
- ➔ Acupuncture
- ➔ Chiropractic manipulation
- ➔ NAET
- ➔ Classical homeopathy

While many of these approaches have been proven, they also have shortcomings. They typically treat the symptoms rather than the root issue, or they are difficult to follow or require advanced skills and training for the practitioner. DesBio's new Food Sensitivity Protocol eliminates these disadvantages and provides an approach that is simple for the patient and can be completed in a short period of time.

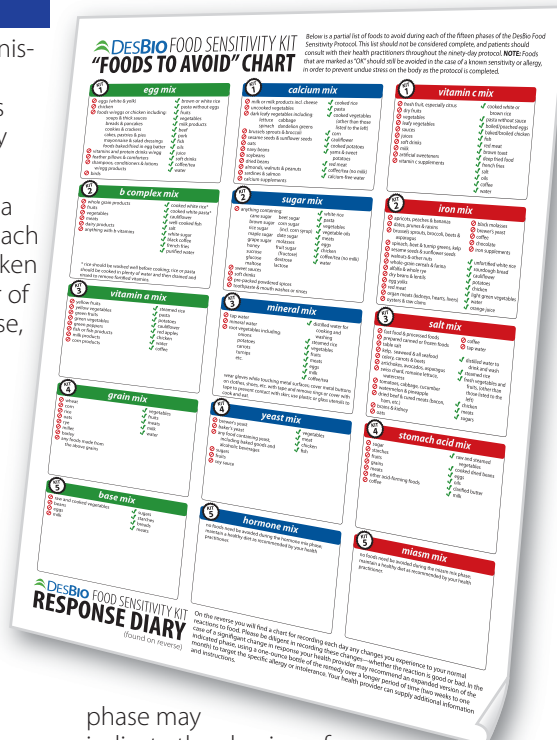
The DesBio Food Sensitivity Kits are administered in fifteen phases over a ninety-day period. Each phase includes a list of foods that should be avoided during the six-day period.

Those foods are eliminated from the diet a full 24 hours prior to taking the first vial. Each of the four vials for that phase are then taken 24 hours apart (on days two through four of the phase). Each vial contains a single dose, and is to be taken all at once and held under the tongue for fifteen to thirty seconds for optimal absorption. All food should be avoided for fifteen minutes before and after taking the remedy.

After all four doses are complete, foods associated with the remedy should still be avoided for an additional 24-hour period. The next phase in a kit begins the following day.

Enhanced Protocol

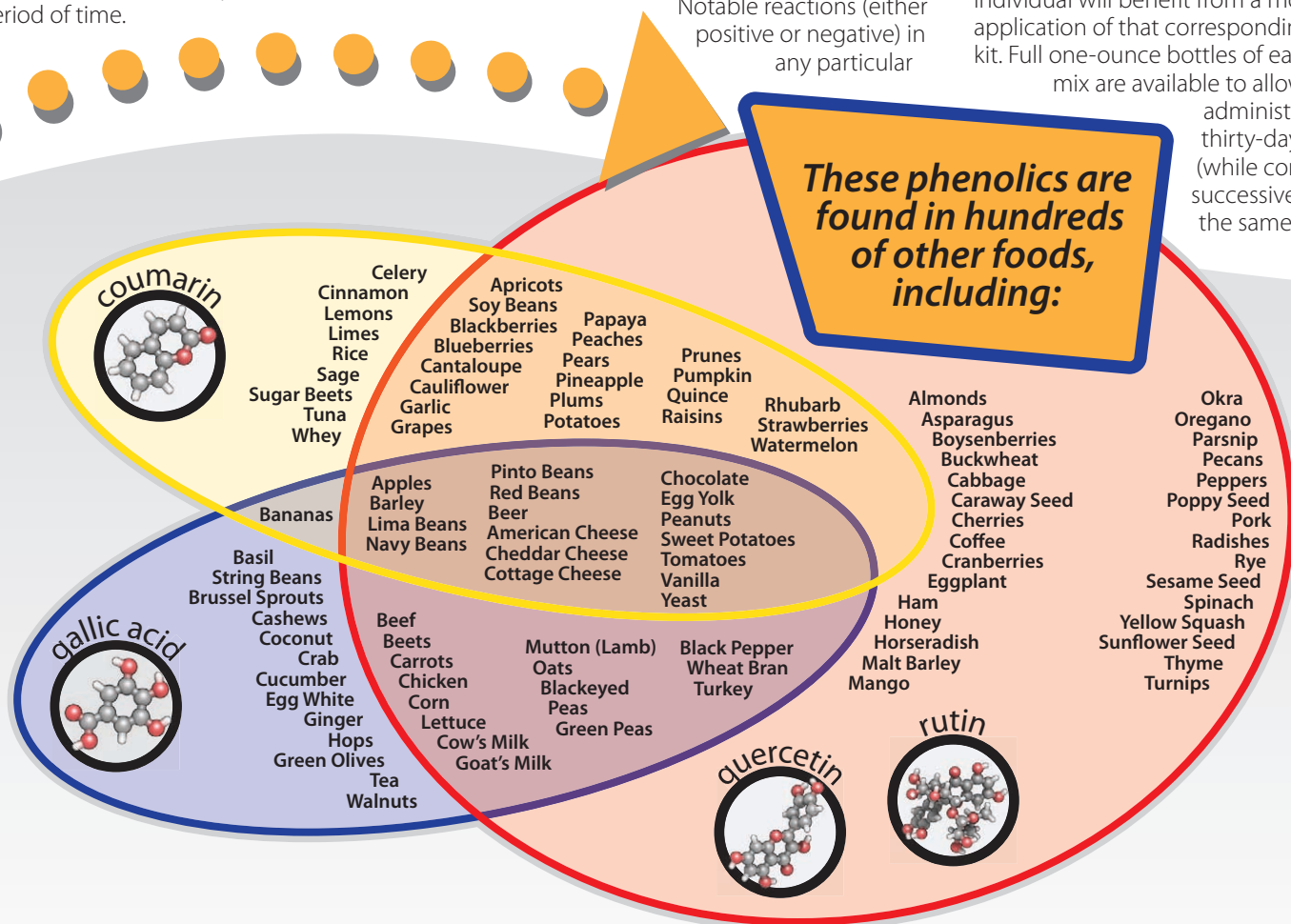
Throughout the protocol, the individual should note significant changes in reactions to food—whether good or bad. A "diary" is included with each kit to record such reactions.



phase may indicate the clearing of a more severe food sensitivity or allergy and the practitioner should closely monitor the patient. In these cases the practitioner might determine that the individual will benefit from a more targeted application of that corresponding individual kit. Full one-ounce bottles of each individual mix are available to allow continued administration over a thirty-day period (while continuing with successive phases at the same time).

Notable reactions (either positive or negative) in any particular

These phenolics are found in hundreds of other foods, including:



A person who is sensitive to COUMARIN, GALLIC ACID, QUERCETIN or RUTIN may also be sensitive to any of these foods—perhaps without even recognizing it. Dealing with the phenolic sensitivity not only

addresses the wheat intolerance, but also the sensitivity to other foods containing the problem phenolic. The revolutionary philosophy of the Food Sensitivity Kit is that it addresses both the foods **and** the phenolics.

FOOD SENSITIVITY KIT INGREDIENTS

KIT 1

Egg Mix

• Asparagine	6x 10x 30x 200x
• Phenylalanine	6x 10x 30x 200x
• Quercetin	6x 10x 30x 200x
• Animal Antigens*	9x 12x 15x 30x
• Calcarea Carbonica	6c 30c
• Ferrum Iodatum	6c 30c
• Morgan Pure	30c 200c
• Tetracycline	6c 200c
• Ascorbicum Acidum	6c 30c

Calcium Mix

• Apium	6x 10x 30x 200x
• Asparagine	6x 10x 30x 200x
• Benzoicum Acidum	6x 10x 30x 200x
• Cholinum	6x 10x 30x 200x
• Cinnamic Acidum	6x 10x 30x 200x
• Coumarinum	6x 10x 30x 200x
• Eugenol	6x 10x 30x 200x
• Folic Acidum	6x 10x 30x 200x
• Folliculinum	6x 10x 30x 200x
• Formalinum	6x 10x 30x 200x
• Gaba	6x 10x 30x 200x
• Histaminum Hydrochloricum	6x 10x 30x 200x
• Lactose	6x 10x 30x 200x
• Menadione	6x 10x 30x 200x
• Octopamine	6x 10x 30x 200x
• Oophorinum	6x 10x 30x 200x
• Phenyl Isothiocyanate	6x 10x 30x 200x
• Piperine	6x 10x 30x 200x
• Quercetin	6x 10x 30x 200x
• Rutin	6x 10x 30x 200x
• Vanillylamine	6x 10x 30x 200x
• Xanthine	6x 10x 30x 200x
• Sarcolacticum Acidum	8x 10x 30x 200x
• Calcarea Carbonica	6c 30c
• Calcarea Fluorica	6c 30c
• Calcarea Phosphorica	6c 30c
• Calcium Citrate	6c 30c 200c
• Calcium Gluconate	6c 30c 200c
• Carbo Vegetabilis	6c 30c
• Chamomilla	6c 30c
• Gaertner Bach	6c 30c
• Rhus Toxicodendron	6c 30c

Vitamin C Mix

• Acetaldehyde	6x 8x 12x 30x 200x
• Cinammic Acid	6x 8x 12x 30x 200x
• Gallicum Acidum	6x 8x 12x 30x 200x
• Quercitin	6x 8x 12x 30x 200x
• Hesperitin	6x 8x 12x 30x 200x
• Rutin	6x 8x 12x 30x 200x
• Malvin	6x 8x 12x 30x 200x
• Ascorbicum Acidum	6c 30c 200c
• Adrenocorticotrophin	8c 30c 200c
• Sarcolacticum Acidum	6c 30c 200c
• Oxalicum Acidum	6c 30c 200c
• Aceticum Acidum	6c 30c 200c
• Chlorophyll	10x 30x
• Arsenicum Album	6c 30c 200c
• Dys Co	30c 200c

KIT 2

B Complex Mix

• Vitamins B1, B2, B3, B4, B5, B6	6c 30c 200c
• Vitamins B12, B13, B15, B17	6c 30c 200c
• Paba	6c 30c 200c
• Inositol	6c 30c 200c
• Choline	6c 30c 200c
• Folic Acid	6c 30c 200c
• Sulphur	30c
• Morgan Pure	30c
• Beta Vulgaris	2c
• Ascorbicum Acidum	3c
• Cysteinum	3c
• Magnesium Oroticum	3c
• Manganum Phosphoricum	3c
• Natrum Oxalaceticum	3c
• Pulsatilla	3c
• Mutabile Bach	3c 6c 30c 200c
• Citricum Acidum	4c
• Atp	6c 30c 200c

(KIT 2 cont.)

Sugar Mix

• Cinnamic Acid	6x 8x10x 30x 200x
• Malvin	6x 8x10x 30x 200x
• Phloridzinum	6x 8x10x 30x 200x
• Atp	6c 30c 200c
• Adrenocorticotrophin	8c 30c 200c
• Argentum Nitricum	6c 30c 200c
• Dys Co Bach	30c 200c
• Beet Sugar	6c 30c 200c
• Fructose	6c 30c 200c
• Glucose	6c 30c 200c
• Grape Sugar (Syrup)	6c 30c 200c
• Maple Sugar	6c 30c 200c
• D-ribose	6c 30c 200c
• Lycopodium Clavatum	6c 30c 200c
• Bacillis Morgan Gaertner	30c 200c
• Atp	6c 30c 200c
• Sarcolacticum Acidum	6c 30c 200c
• Saccharum Lactis	6c 30c 200c
• Saccharum Officinale	6c 30c 200c

Iron Mix

• Phenylalanine	6x 8x 10x 30x 200x
• Quercetin	6x 8x 10x 30x 200x
• Rutin	6x 8x 10x 30x 200x
• Ascorbicum Acidum	4c 15c 100c
• Ferrum Metallicum	6c 15c 100c
• Ferrum Muriaticum	6c 15c 100c
• Ferrum Phosphoricum	6c 15c 100c
• Ferrum Sulphuricum	6c 15c 100c
• Sarcolacticum Acidum	6c 15c 100c
• Adrenocorticotrophin	8c 15c 100c
• Bacillis Bach	30c 100c
• Syctotic Co	4c 15c 100c

KIT 3

Vitamin A Mix

• Histamine Hydrochloricum	4x 10x 30x 200x
• Octopamine	6x 8x 10x 30x 200x
• Tyramine	6x 8x 10x 30x 200x
• Asparagine	6x 10x 30x 200x
• Kali Iodatum	6c 30c
• Natrum Muriaticum	6c 30c
• Beta Carotene	6c 30c 200c
• Sarcolacticum Acidum	6c 30c 200c
• Vitamin A Palmitate	6c 30c 200c
• Adrenocorticotrophin	8c 30c 200c
• Bacillus No. 7	30c
• Proteus Bacillus	30c

Mineral Mix

• Viscum Album	3x 30x 200x
• Cobaltum Gluconicum	6x
• Cuprum Sulphuricum	6x
• Ferrum Fumaricum	6x
• Kali Asparaginicum	6x
• Magnesia Asparaginicum	6x
• Manganum Gluconicum	6x
• Natrum Molybdanicum	6x
• Phosphorus	6x
• Adenosinum	8x
• Cyclophosphorium	8x
• Cerium Oxalicum	8x
• Niccolum Aceticum	8x
• Vitamin D3	8x 30x 200x
• Heavy Metal Isode	12x, 30x
• Alumina	30x 200x
• Mercurius Corrosivus	30x 200x
• Plumbum Metallicum	200x
• Morgan Pure Bowel Nosode	30c 200c

Salt Mix

• Quercetin	6x 8x 10x 30x 200x
• Lac Canningum	6c 30c 200c
• Natrum Carbonicum	6c 30c 200c
• Natrum Muriaticum	6c 30c 200c
• Natrum Nitricum	6c 30c 200c
• Sarcolacticum Acidum	6c 30c 200c
• Atp	8c 30c 200c
• Proteus Bacillus	30c 200c

KIT 4

Grain Mix

• Grain And Seed Antigen	9x 12x 15x 30x
• Amaranth	6c 30c 200c
• Avena Sativa	6c 30c 200c
• Triticum Repens	6c 30c 200c
• Gluten	6c 30c 200c
• Natrum Sulphuricum	6c 30c 200c
• Syctotic Co Paterson	30c 200c
• Coumarinum	6x 8x 10x 30x 200x
• Quercetin	6x 8x 10x 30x 200x
• Rutin	6x 8x 10x 30x 200x
• Adrenocorticotrophin	8c 30c 200c
• Sarcolacticum Acidum	6c 30c 200c

Yeast Mix

• Acetaldehyde	6x 8x 10x 30x 200x
• Coumarinum	6x 8x 10x 30x 200x
• Histaminum Hydrochloricum	6x 8x 10x 30x 200x
• Quercetin	6x 8x 10x 30x 200x
• Torula Cerevisiae	3x 10x 30x 200x
• Candida Albicans	12x 30x 200x
• Candida Parapsilosis	12x 30x 200x
• Adrenocorticotrophin	6c 30c 200c
• Sarcolacticum Acidum	6c 30c 200c
• Sepia	6c 30c 200c
• Faecalis Bach	30c 200c

Stomach Acid Mix

• Coumarinum	6x 8x 10x 30x 200x
• Citricum Acidum	6c 30c 200c
• Formicum Acidum	6c 30c 200c
• Muriaticum Acidum	6c 30c 200c
• Oleander	6c 30c 200c
• Ptelea Trifoliata	6c 30c 200c
• Sarcolacticum Acidum	6c 30c 200c
• Sulphur	6c 30c 200c
• Adrenocorticotrophin	8c 30c 200c
• Morgan Pure	30c 200c

KIT 5

Base Mix

• Ammonium Carbonicum	6c 30c 200c
• Enzyme Blend	6c 30c 200c
• Kalmia Latifolia	6c 30c 200c
• Natrum Carbonicum	6c 30c 200c
• Adrenocorticotrophin	8c 30c 200c
• Morgan Pure	15c 30c 200c

Hormone Mix

• Dhea (Dehydroepiandrosterone)	30x 60x 200x
• Estrogen	30x 60x 200x
• Progesterone	30x 60x 200x
• Testosterone	30x 60x 200x
• Placenta	6c 30c
• Glandula Suprarenalis	6c 30c 200c
• Oophorinum	6c 30c 200c
• Orchitinum	6c 30c 200c
• Sepia	6c 30c 200c
• Bacillus Faecalis	30c 200c

Miasm Mix

• Arsenicum Album	30c
• Lycopodium Clavatum	30c
• Sulphur	30c
• Aloe Socotrina	30c, 200c
• Carcinosinum	30c, 200c
• Nitricum Acidum	30c, 200c
• Silicea	30c, 200c
• Thuja Occidentalis	30c, 200c

Bamboo, Barley, Corn, Cotton Seed, Flax Seed, Millet, Milo, Oat, Poppyseed, Rice, Rye, Safflower, Sesame, Sorghum, Sugar Cane, Soybean, Sunflower, Wheat.

Protease, Amylase, Lactase, Lipase, Cellulase, Malt Diastase, Invertase, Pectinase, W/phytase, Alpha-galactosidase, Peptizyme Sp, Amylase, Lipase, Cellulase, Malt Diastase, Invertase, Lactase, Pectinase w/Phytase, Alpha Galactosidase, Glucoamylase, Bromelain, Papain

Aluminum, Arsenic, Barium, Beryllium, Boron, Bromine, Cadmium, Carbon, Cerium, Cesium, Chromium, Cobalt, Copper, Dysprosium, Erbium, Silver, Nickel, Molybdenum, Gadolinium, Gallium, Germanium, Holmium, Hydrogen, Indium, Titanium, Iodine, Lanthanum, Thallium, Nitrogen, Samarium, Lithium, Mercury, Neodymium, Oxygen, Manganese, Europium, Fluorine, Lead, Praseodymium, Tin, Zirconium, Niobium, Rubidium, Scandium, Silicon, Terbium, Selenium, Strontium, Ytterbium

