practitioner guide to

FOOD SENSITIVITY KITS

a revolutionary approach to food sensitivity!
A NEW APPROACH

Twelve million Americans suffer from food allergies—abnormal immune responses to foods that typically result in immediate (and often severe) reactions.

Even more common, and also more misunderstood, are food intolerances and sensitivities. In these reactions, different types of immune responses may result in delayed symptoms that aren’t easily associated with the food that triggered them—but that may contribute to more serious health issues.

Traditional treatments of food allergies and sensitivities are time consuming and often complicated. They are uncomfortable for the patient, and require specialized training and skills for health care professionals.

A new protocol developed by Deseret Biologicals provides a broad-spectrum approach to address the root issues related to food sensitivities and contains plants, minerals and chemicals specific to particular types of foods. They also contain phenolics in homeopathic dilutions, giving them a range of coverage that is both specifically direct and broadly comprehensive. (See graphic below for an explanation of the importance of phenolics).

Phenolics Are the Key
Phenolics are chemical compounds that occur naturally in foods, and are a common cause of food sensitivity issues. An issue with a single phenolic may result in sensitivities, intolerances, or allergies to literally hundreds of different foods.

The traditional approach to allergy treatment deals with one food at a time, and can take months, if not years, to address every food that may cause problems for an individual. By addressing not only the foods but also the phenolics—“building blocks”—hundreds of food sensitivities are addressed in a matter of weeks.

Comprehensive Coverage
Each remedy in the DesBio Food Sensitivity Kits addresses a specific type of sensitivity. Egg mix, for example, includes not only eggs and egg products, but also general protein ingredients and phenolics found in eggs. Since each remedy is related to specific types of foods and includes the specific phenolics, and since the remedies are designed to work synergistically—each kit builds on the others and provides broad-spectrum exposure—allowing the body to be exposed to a large number of foods and phenolics in a specific order.

Health Issues
Food sensitivity is of concern to health professionals because of its potential to contribute to chronic health conditions and degrade a patient’s quality of life. It’s a fundamental medical issue that can:
- Cause inflammatory responses & weight gain
- Aggravate or cause auto-immune issues
- Increase susceptibility to infection
- Lead toward malignancies
- Push patients further into disease states
- Mask or hide underlying causes of disease

Diagnosis and Treatment
Traditionally, food sensitivities and allergies have been diagnosed in a number of ways, including:
- Elimination Diets
- Wheals of SET (Serial Endpoint Titration) Skin Testing
- Pulse Testing
- Muscle Testing / AK ART

EXAMPLE: Many people are allergic or intolerant to WHEAT, which contains several phenolics, including GALLIC ACID, COUMARIN, QUERCETIN and RUTIN.
The DesBio Food Sensitivity Kits are administered in fifteen phases over a ninety-day period. Each phase includes a list of foods that should be avoided during the six-day period.

Those foods are eliminated from the diet a full 24 hours prior to taking the first vial. Each of the four vials for that phase are then taken 24 hours apart (on days two through four of the phase). Each vial contains a single dose, and is to be taken all at once and held under the tongue for fifteen to thirty seconds for optimal absorption. All food should be avoided for fifteen minutes before and after taking the remedy.

After all four doses are complete, foods associated with the remedy should still be avoided for an additional 24-hour period. The next phase in a kit begins the following day.

Enhanced Protocol
Throughout the protocol, the individual should note significant changes in reactions to food—whether good or bad. A “diary” is included with each kit to record such reactions.

Notable reactions (either positive or negative) in any particular phase may indicate the clearing of a more severe food sensitivity or allergy and the practitioner should closely monitor the patient. In these cases the practitioner might determine that the individual will benefit from a more targeted application of that corresponding individual kit. Full one-ounce bottles of each individual mix are available to allow continued administration over a thirty-day period (while continuing with successive phases at the same time).

THE PROTOCOL

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## Food Sensitivity Kit Ingredients

### Egg Mix
- Asparagine
- Phenylalanine
- Tyrosine
- Carbohydrates
- Glucose
- Fructose
- Galactose
- Mannose
- Galactosamine
- Glucosamine

### Calcium Mix
- Mutabile Bach
- Pulsatilla
- Sarcolacticum Acidum
- Ascorbicum Acidum
- Calcarea Fluorica
- Rutin
- Piperine
- Oophorinum
- Octopamine
- Gaba
- Formalinum
- Folic Acidum
- Cinnamic Acidum
- Benzoicum Acidum
- Ascorbicum Acidum
- Animal Antigens

### B Complex Mix
- Vitamins B1, B2, B3, B4, B5, B6
- Vitamins B12, B13, B15, B17
- Paba
- Inositol
- Folic Acid
- Sulphur
- Morgan Pure
- Betaine HCl
- Ascorbic Acid
- Cystein
- Magnesium Oroticum
- Manganese Phosphoricum
- Natrium Oxalacetum
- Prolactin
- Methionine
- Citric Acid
- Atp

### Sugar Mix
- Citric Acid
- Malvin
- Phloridzin
- Apo
- Adrenocorticophorphin
- Argentum Nitricum
- Dys Co Bach
- Beet Sugar
- Fructose
- Glucose
- Grape Sugar (Syrup)
- Maple Sugar
- D-ribose
- Lycopodium Clavatum
- Bacillus Morgan Gaertner
- Adrenocorticophorphin
- Bacillis Bach
- Sycotic Co

### Iron Mix
- Phylalnine
- Ferum Magnesium
- Ferrum Muriaticum
- Ferrum Phosphoricum
- Adrenocorticophorphin
- Bacillis Bach
- Sycotic Co

### Vitamin A Mix
- Histaminum Hydrochloricum
- Ascorbicum Acidum
- Ascorbicum Acidum
- Vitamin A Palmitate
- Sarcolacticum Acidum
- Saccharum Officinale
- Adrenocorticophorphin
- Bacillis Bach
- Sycotic Co

### Vitamin C Mix
- Ascorbic Acid
- Citric Acid
- Grape Sugar (Syrup)
- Fructose
- Dys Co Bach

### Mineral Mix
- Calcium Carbonate
- Magnesium Phosphorica
- Calcium Fluoride
- Calcium Phosphoric acid
- Calcium Citrate
- Calcium Gluconate
- Calcium Phosphate
- Ascorbic Acid
- Adrenocorticophorphin
- Glucose

### KIT 1

### KIT 2

### KIT 3

### KIT 4

### KIT 5