



Get the Most out of Prescribed  
**Depression Medications** with

# ELEVATE



**Depression** can be debilitating. Those who suffer from it struggle to get through daily activities. Many take prescription medications which help relieve symptoms. Now there is a natural way to integrate these prescription medications with homeopathic remedies. **Elevate RxS** combines the best aspects of integrative medicine into a comprehensive solution that is designed to be taken in conjunction with a patient's prescribed treatment. It contains ingredients that complement and support prescription antidepressants in four ways:

### Reinforce medication action

**Elevate RxS** contains ingredients chosen to support antidepressants as they work to improve the brain's neurotransmitter function.

### Reduce medication side effects

**Elevate RxS** contains homeopathic ingredients to support the relief of any negative side effects caused by antidepressant medications.

### Relieve underlying symptoms

**Elevate RxS** was created with homeopathic ingredients traditionally used to treat some of the symptoms typical of depression.

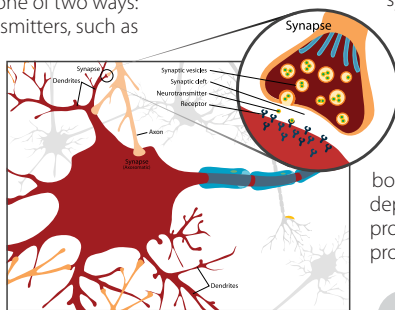
### Regulate core body systems

**Elevate RxS** contains homeopathic ingredients to regulate brain function and support other body functions that have become unbalanced and that may be contributing to the overall issue.



### Neurotransmitters and Depression

Antidepressant prescription medications work in one of two ways: They either help the brain release more neurotransmitters, such as serotonin, dopamine, or norepinephrine, or help the brain reuse (reuptake) neurotransmitters that have already been released. **Elevate RxS** reinforces the action of these medications with ingredients that support the body to stimulate, regulate, and modulate neurotransmitter function.



ingredients that have been historically used to alleviate these symptoms. It may even help relieve symptoms for those who have only mild symptoms or are not taking prescription medications.

### Core System Imbalance

Diseases are a result of the body's core systems becoming imbalanced. **Elevate RxS** contains ingredients chosen to support the body in normalizing systems related to depression such as brain function and hormone production so that core body systems function properly.

### Antidepressants and Side Effects

All medications have side effects, and people who take antidepressants may complain of tiredness, trouble sleeping, digestive problems, weight gain, or low sex drive. **Elevate RxS** reduces these medication side effects with homeopathic ingredients traditionally used to support the body in relieving these problems.

### Symptoms of Depression

The debilitating symptoms of depression keep people from enjoying life. Thoughts of death or suicide, sadness, loss of pleasure, and insomnia are common symptoms for those who suffer from this disease. **Elevate RxS** includes homeopathic



**The RxS Philosophy**

Can you have the best of both worlds? Patients take prescription medications for a variety of conditions. Is there a natural way to help relieve their symptoms? Can allopathic medicine and homeopathics be integrated to provide a comprehensive solution?

Bridge the gap. DesBio's RxS line of products brings prescription medications and homeopathics together for the first time. These formulas are carefully crafted to truly complement the prescription medications patients are taking. These products may also provide support to patients who exhibit mild symptoms of these conditions but who are not currently taking medications.

(See also "The Four 'R's of RxS" on the reverse)

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, or cure any disease.


PRESCRIPTION  SUPPORT

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**NOTE:** RxS products do **not** replace a prescription. You should **not** stop taking or reduce the dose of a prescription without consulting the prescribing clinician. If you are not currently taking a prescription and take an RxS product **you may still need a prescription in the future.**



# The Four 'R's of

Each product in DesBio's new RxS line is carefully formulated with ingredients that are chosen for their ability to provide one or more of four basic functions in two major categories:

MEDICATION SUPPORT		FUNCTIONAL SUPPORT	
<p><b>Reinforce Action</b></p> <p>Prescription and over-the-counter pharmaceuticals are designed with specific effects in mind. These effects might include reduction of symptoms associated with a condition or more basic functionality designed to address the condition itself. In either case, DesBio's RxS products support the primary functions of the medication.</p>	<p><b>Reduce Side Effects</b></p> <p>Even the most effective pharmaceutical may cause effects other than those intended by the manufacturer. Some of these side effects are undesirable. RxS products contain ingredients chosen to support the body in reducing or minimize these negative effects.</p>	<p><b>Relieve Symptoms</b></p> <p>Many conditions that are traditionally treated with pharmaceutical medications carry symptoms that are not directly addressed by the drug. DesBio's RxS products contain ingredients that have been used for years in traditional homeopathic remedies to relieve these symptoms.</p>	<p><b>Regulate Body Systems</b></p> <p>At its most basic, nearly any medical condition that requires medication is in some way a reflection of irregularity in the body's functional systems. Every RxS product contains ingredients chosen to support and regulate pertinent body systems to promote normal function.</p>

## ELEVATE INGREDIENT LIST



**REINFORCE ACTION**

Antidepressant prescription medications stimulate production of neurotransmitters. Elevate RxS contains ingredients to:

**Stimulate, regulate, and modulate neurotransmitter function**

- Phenylethylamine (PEA)
- Acetylcholine Chloride
- 5-Hydroxytryptophan (5-HT)
- Serotonin
- Norepinephrine
- Dopamine



**RELIEVE SYMPTOMS**

Elevate RxS contains traditional homeopathic ingredients for the underlying symptoms of depression:

**Reduce Thoughts of Death or Suicide**

- Faecalis Bach
- Sepia

**Relieve Sadness**

- Gaertner Bach
- Faecalis Bach
- Sepia
- Phosphorus

**Counteract Loss of Pleasure**

- Belladonna

**Stabilize Weight Change**

- Lycopodium Clavatum
- Sulphur

**Regulate Sleep Patterns**

- Gaertner Bach
- Phosphorus

**Stimulate Energy**

- Coenzyme A
- Alumina
- Silicea



Elevate RxS contains ingredients to ease common side effects of antidepressants:

**Tiredness**

- Sarcosine
- Adenosine
- Coenzyme A

**Trouble Sleeping**

- Natrum Muriaticum
- Lycopodium Clavatum
- Sepia
- Silicea
- Gaertner Bach
- Proteus Bach

**Nausea**

- Alumina
- Belladonna
- Sepia

**Weight Gain/Loss**

- Lycopodium Clavatum
- Sulphur

**Digestive Problems**

- Natrum Muriaticum
- Causticum
- Proteus Bach
- Alumina
- Silicea

**Low Sex Drive**

- Natrum Muriaticum
- Sepia

**Headache**

- Belladonna

**Dizziness, Restlessness**

- Silicea



**REDUCE SIDE EFFECTS**



**REGULATE CORE SYSTEMS**

Elevate RxS contains ingredients that help core body systems rebalance:

**Normalize Brain Function**

- Cerebrum Suis
- Pineal Gland Suis
- Funiculus Umbilicus Suis
- Diencephalon Suis

**Normalize Digestion**

- Lycopodium Clavatum
- Sulphur
- Alumina

**Normalize Hormone Production**

- Faecalis Bach
- Sepia