## Chocolote OPTIMALEAN

The Ultimate Weight Loss Protein Powder —

The new *OptimaLean Chocolate* is more than just your basic meal-supplement powder. *OptimaLean Chocolate* combines a macronutrient profile, micronutrient core, and 14 specialty ingredients for a more sophisticated approach to supporting weight loss or maintenance. Each serving of *OptimaLean* provides 15 grams of high-quality whey protein and 6g of fiber with only 0.5 grams of fat and 4 NET carbohydrates per serving.

As part of its unique nutrient profile, *OptimaLean* contains **glucomannan** (*konjac root*), which has been shown to support weight management and body composition through promotion of appetite control, blood sugar regulation, and modulation of blood lipids. **Glucomannan** in combination with the **chia seed** in *OptimaLean* also provides an excellent source of soluble fiber to promote gastrointestinal regularity. *OptimaLean* now also contains **cinnamon bark extract**, which has been shown to naturally enhance the

effects of insulin for better blood sugar control. **Green tea extract**, another important ingredient, is a potent antioxidant and supports healthy metabolism. Each serving of **OptimaLean** provides a **vitamin and mineral core** and **trace minerals** along with an **advanced nutrient blend** to support detoxification and aerobic metabolism.

## **Supplement Facts**

Serving Size 1 Scoop (approx. 33.8 grams) • Serving Per Container approx. 21

Amount P	Per Serving	%DV	Amount Per Serving		%DV
Calories	110		Magnesium (Aspartate/Ascorbate complex)	63 mg	16%
Total Fat	0.5 g	<2%††	Zinc (chelate)	2.5 mg	17%
Cholesterol (from whey protein)	30 mg	10%††	Selenium (Krebs†)	23 mcg	33%
Sodium (from whey protein)	60 mg	3%††	Manganese (Aspartate complex)	2.4 mg	120%
Total Carbohydrate	12 g	4%††	Chromium	200 mcg	167%
Dietary Fiber	6 g	24%††	(as picolinate/polynicotinate complex)		
Sugars	6 g	*	Molybdenum (krebs†)	12 mcg	17%
Sugar Alcohols	2g	*	Potassium (from whey protein/Aspartate complex)	83 mg	2%
Protein	15 g	3%††	Glucomannan	500 mg	*
Vitamin A/Beta Carotene complex	3.150 IU	63%	Cinnamon (bark)(Cinnamomum casora)	100 mg	*
Vitamin C	133 mg	222%	Green Tea Leaf Extract (Camellia sinensis)	50 mg	*
Vitamin D-3	13 IU	3%	N-Acetyl L-Cysteine/L-Cysteine Complex	23 mg	9
Vitamin E (as d-alpha tocopheryl acetate)	50 IU	167%	Betaine HCI	18 mg	*
Thiamine	13 mg	867%	Choline Bitartrate	18 mg	*
Riboflavin	6 mg	353%	Bioflavonoids	12 mg	*
Niacin/Niacinamide	44 mg	220%	Inositol	12 mg	*
Vitamin B-6 (Pyridoxine HCI/	13 mg	650%	PABA (para-aminobenzoic acid)	6 mg	*
Pyridoxal-5-phosphate Complex)	,		Glutamic Acid HCl	2.5 mg	*
Folic Acid	103 mcg	26%	L-Methionine	1.5 mg	*
Vitamin B-12	13 mcg	217%	Boron (Aspartate/Citrate Complex)	175 mcg	*
Biotin	38 mcg	13%	Trace minerals (from sea vegetation)	10 mcg	*
Pantothenic Acid	63 mg	630%	Vanadium (Krebs†)	5.8 mcg	*
Calcium (from whey protein/ Citrate/Ascorbate complex)	180 mg	18%	*Daily value not established		
lodine (from kelp)	23 mcg	16%	††Percent Daily Values are based on a 2,000 calorie die		

OTHER INGREDIENTS: whey protein concentrate and isolate (from milk), Maltodextrin (soluble dietary fiber), medium chain triglycerides, xylitol, organic coconut palm sugar, natural chocolate flavor, chia seed, and purified stevia extract.

NOTE: This product contains NO yeast, wheat gluten, soy protein, corn, sodium, starch, artificial coloring, preservatives or flavoring.

## **OPTIMA**LEAN

- High-protein, high-fiber, low sugar meal-supplement formula
- Support for appetite and blood sugar control
- Exceptional support for lean-body composition
- Sweetened with organic coconut sugar; Fructose-free

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Nutrition. 2006 Nov-Dec;22(11-12):1112-9; Altern Med Rev. 2010 Apr;15(1):68-75; Metabolism. 2007 Aug;56(8):1149-58; Plant Foods Hum Nutr. 2012 Apr 27; Nutr. 2008 Sep;138(9):1677-83; Diabet Med. 2010 Oct;27(10):1159-67





## OPTIMALEAN The Ultimate Weight Loss Protein Powder

Please take a moment to compare DesBio's OptimaLean™ weight loss protein powder to Metagenics' UltraMeal, ITI Physician's Weight Manager, and Xymogen's Fit Food.

	The Ultimate Weight Loss Protein Powder  Chrocolate  21 SERVINGS	METAGENICS® <b>UltraMeal®</b> 14 SERVINGS	ITI Physician Weight Manager  14 SERVINGS	Xymogen <b>Fit Food</b> 14 SERVINGS
COST	\$29.50	\$21.95	\$24.50	\$24.75
\$ PER SERVING	\$1.40	\$1.56	\$1.75	\$1.77
CALORIES	110	160	130	210
FAT	0.5g	<b>2</b> g	1g	3g
PROTEIN	15g (whey)	<b>15g</b> (soy)	21g (whey)	21g (whey)
NET CHO	4g	17g	6g	23g
FIBER	6g	<b>2</b> g	7g	6g
SUGAR	4g organic coconut / xylitol	15g fructose	stevia	14g fructose / xylitol
MVMI	YES plus trace minerals	YES	YES	NO
CARAGEENAN/ CORN BRAN	NO	YES	NO	YES
SPECIALTY INGREDIENTS	MCT oil     Glucomannan     Cinnamon     Green tea     Cysteine     complex     Betaine HCL     Choline     bitrate      Bioflavanoids     Inositol     PABA     Glutamic HCL     L-methionine     Boron     Vanadium     Chia	• Plant sterols	• Fiber blend	MCT oil     Immunoglobulins     Fiber blend     Aminogen®